

The
GWAELOD-Y-GARTH
Inn

Sunday Lunch Menu

Served Sunday 12noon – 3.30pm

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Starters

Bowl of mixed olives	£3
Spinach & Cheddar Cheese Pancake	£7
Penclawdd Laverbread mixed with Oats & Bacon	£7
Crispy Fried Brie with Redcurrant Jelly	£8
King Scallops with Tomato Salsa and Chilli Oil	£11
Hot Crevettes with Garlic and Lemon Butter	£11
Creamy Garlic Mushrooms with Ciabatta	£7
Provençale Fish Soup with parmesan, rouille and Crouton	£8
Gwaelod y Garth Salad (celeriac, crab & prawns in a pernod mayo & avocado)	£9

Main Course

Roast Leg of Lamb, Yorkshire Pudding & Mint Sauce (Salt Marsh Lamb from Llanrhidian, Gower Peninsula when in season)	£14
Roast Chicken with all the Trimmings	£12
Mature Welsh Beef served with Yorkshire Pudding	£14
Free Range Pork, Crackling and Apple Sauce	£13
Home boiled Ham, Parsley Sauce	£12
Lasagne made with Welsh Black Beef & Salad Garnish	£12
Welsh Black Steak & Ale Pie with puff pastry	£13
Grilled Seabass fillets on a bed fennel	£18
Poached Salmon with Dill, Samphire & Prawn Sauce.	£18
Lightly Beer-Battered Cod	£13
Plaice fillet in light batter or grilled	£14
✓ Mozarella & Sundried Tomato Risotto Cakes, Chilli Jam	£12
✓ Mature Cheddar cheese & Leek Glamorgan Sausages with homemade Plum Chutney	£12
✓ VEGAN & GLUTEN FREE Vegetable & Mixed Bean Curry	£11
8oz Welsh Fillet Steak	£25
12oz Welsh Rump Steak	£22
Sauces available for Steaks: Au Poivre (Peppercorn & Brandy) or Bordelaise (Red Wine & Shallots)	£3

SUNDAY ROAST DINNERS ARE SERVED WITH FRESH MARKET VEGETABLES, ROAST AND NEW POTATOES.

CHILDRENS MENU AVAILABLE

SMALL ROAST DINNERS £7

PLEASE ASK A SENIOR MEMBER OF STAFF ABOUT ALLERGENS

Puddings, see chalkboard - typically include

Raspberry & Hazelnut Roulade
Sherry Trifle
Tarte au Citron
Tiramisu
Sticky Toffee Pudding
Boozy Bread & Butter Pudding
Lemon Cheesecake
Crème Brulee
Chocolate Fudge Cake
Ice Creams & Sorbets
Selection of Welsh Cheese & Biscuits

All puddings £6, except cheese £7.50

WELSH TOURIST BOARD—
4 STAR INN & B&B

